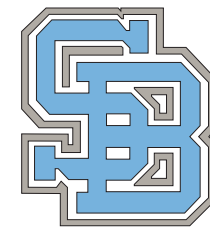


Help Your Growing Kids go to Kindergarten— Eager to learn and ready to participate!



In South Burlington, we believe a child needs rich, active environments that support imagination, making friends, & learning about the world. ● It's important for families & programs to provide these experiences. ● If this is in place, a child will enter school eager to learn & able to take the next important steps in their life-long learning process.

12 Tips to help prepare children for Kindergarten:

1. Read a book to your child every day.
2. Explore your community-visit parks, playgrounds, playgroups & libraries.
3. Limit TV & screen time & encourage active play outdoors.
4. Encourage play with other children.
5. Ask open-ended questions that encourage your child's curiosity.
6. Count different household objects up to 10.
7. Encourage independent skills, such as getting dressed, using the bathroom, tying shoes, brushing teeth etc.
8. Be consistent about rules & expectations for your child's behavior.
9. Sing simple songs & play games like Simon Says, to practice following directions.
10. Encourage your child to draw, scribble & color with different materials.
11. Play board games with your child such as Chutes & Ladders, Candy Land, Hi Ho Cherry-O & Guess Who?
12. Point out signs & print in the environment & identify letters in words.