



Child Care
Resource

December 9, 2013

Dear

Your generous donation to Child Care Resource this fall will help feed hundreds of children who might otherwise live with hunger every day. We make it possible for family child care programs in Chittenden County and child care centers statewide to offer federally supported child care meals. Last year, **1,193** Vermont children received **444,573** meals in child care as a result. This is one of the many ways we make early care and education work.



“The Food Program means predictability, a full belly, and proper nutrition.”

Child Care Resource is proud to report that over the past year, we helped **108** child care programs access over **\$540,000** from the federal Child and Adult Care Food Program, which is similar to the School Lunch Program. Together, we ensured that children in child care received the nourishment they needed to learn, grow, and be healthy.

Please consider a donation this fall so that all hungry children in child care have enough healthy food to eat each day! Help us make child care work one program, one teacher, and one family at a time every day.

Sincerely,
Michele Campbell, Board President

P.S. Please support Child Care Resource in our mission – Leading our community in making early care and education work! Please use the enclosed envelope for your donation today! Thank you!



Ten hours is a long day in child care for a child who does not get enough to eat or the right things to eat at home or in her lunch bag. Children who spend a full day in child care consume three quarters of their daily intake while in the child care setting. Learning and growing is hard when you're hungry.

With our help, a center serving children who live in severe poverty began to offer meals to children in 2011. After beginning meals, a teacher from this center told us that “the food program has been an amazing addition to our overall mission.”

She highlighted a one year old child in particular who arrives at school at 9:00 in the morning so hungry because her last meal was fast food at 5:00 the night before. Breakfast is there for her as soon as she gets to school.

The teacher reported that the child, “...is able to eat as much as she needs to feel satisfied and has begun expecting her lunch 2 hours later. She has learned that while at school, she can predict when her meals will come to her and can be happy in the meantime. For this one child, the food program means predictability, a full belly, and proper nutrition.”

