

A

Thursday, April 1
6:30 - 8:30 p.m.
@ CCR

Minute Menu Made Easy

Presenters - CCR Food Program Staff: Anna Graham,
Sue Corron, Nancy DeCoster, Rebecca Francisco

This training session is open to registered providers currently participating on the Child Care Food Program. This workshop will give an overview of the Minute Menu program, available tools like menu templates, calendar for recording closed school days, provider or child vacation days or sick days. We will also review CACFP regulations and policies, deadlines for documenting meals, and submitting claims. If you can use e-mail, you can use Minute Menu! Bring your experiences, questions, and comments. There may even be a creditable snack!! This training can also be used for the annual CACFP training requirement.

(Free to CCR sponsored CACFP
Registered Child Care Homes)



(Counts towards Food Program Training)

Child Care Centers that participate in the CACFP under CCR's sponsorship should contact Nancy at CCR (863-3367 x 23)

2 hours
CDA Subject Area: 5
Core Knowledge Areas: Professionalism and Program Organization
Level: All

B

Monday, April 5
6:00 p.m. -9:00 p.m.
and
Saturday, April 10,
9:00 a.m. - 4:30 p.m.
@ CCR

Level II - Professionalism and Program Management

Presenters – Laura Butler and Ellen Drolette, Registered Home Providers/ Mentors

This Northern Lights - Level II module focuses on professional development, personal wellness and topics related to child care program operation. This module also includes the three hour: What is the CDA? Participants will also be informed about the Vermont Early Childhood Career Ladder, technical assistance and resources.

**2-Part
Workshop**

About Level II Curriculum: Level II refers to the second level on the Northern Lights Early Childhood Career Ladder and the core competencies that are their foundations. Individuals who meet the Level II requirements, which may include those with a current Child Development Associate (CDA) credential, receive a Level II certificate. The seven Level II training modules were specifically designed for individuals pursuing a CDA, or a Level II certificate. The modules build on entry level knowledge and skills. Each module can also help seasoned professionals gain more knowledge in a particular content area.

Please plan to bring your own lunch for Saturday, as only a half hour will be allotted for lunch time. There will be the option to have a working lunch so that the training can end at 4. You are welcome to label your food and store in the refrigerator that day; you must take it with you when you go! There are also two microwaves available for you to use, please clean up any spills.

***Northern Lights Level II**

10 hours total
CDA Subject Areas: 5 & 6
Core Knowledge Area: Professionalism and Program Organization
Level: Intermediate

C

American Heart Association - First Aid

Presenter – Tamara McLaughlin, First Aid and CPR Trainer, VT Safety Net

Tuesday, April 6
6:00 - 9:00 p.m.
@ CCR



Learn to respond to emergency situations by learning general guidelines for responding appropriately and practicing first response techniques and skills. This class has limited capacity and fills up quickly! Licensed providers must hold a current certification, and must be certified within six months of hire.

* Please note that this workshop will start promptly at 6:30 pm. Since this workshop is a certification, those arriving more than 5 minutes late will not be able to attend and will not receive a refund. Please plan to stay for the entire 3 hour (maximum) training.

* To assure lowest possible cost to you and the best customer service, the Certifications you receive at Child Care Resource for CPR and First Aid will be through the American Heart Association. Certification cards will be sent home with you the day of this training. Certifications in both CPR and First Aid will be good for 2 years.

\$25.00 for anyone eligible
for a waiver

This training is highly
recommended for everyone
working with children.

3 hours
CDA Subject Area: 1
Core Knowledge Area: Healthy and
Safe Environments
Level: All

D

Policies - To Have or To Have NOT?

Presenter – Katie Gonyaw, Director of Ascension Child Care

Tuesday, April 13
6:30 - 8:30 p.m.
@ CCR

Policies are an important element in the foundation of a strong organization. They take time to formulate and implement. Come and spend an evening reviewing, discussing and creating policies. Why do we have them? When do we need them? When shouldn't we have them? We will take this dry topic and have some fun breaking down the elements of good policy, discussing application and practicing their creation.

2 hours
CDA Subject Areas: 5 & 6
Core Knowledge Area: Professionalism and Program Organization
Level: Advanced

E

Exploring the CDA and Taking a Glimpse of the National Association for Family Child Care Accreditation

Presenters – Ellen Drolette and Laura Butler, Registered Home Providers and Child Care Mentors

Wednesday, April 14
6:30 - 8:30 p.m.
@ **Sunshine Day
Dream Child Care**
(Home of
Ellen Drolette)

Join us for an informational and interactive workshop. Learn step by step details of getting your Child Development Associate (CDA) Credential. Bring all of your questions and concerns surrounding this topic. This workshop is open to any and all who are looking to obtain their Child Development Credential (including center directors, staff and registered home providers). There will be a small amount of time spent focusing on and discussing the National Association for Family Child Care Accreditation.

2 hours
CDA Subject Area: 6
Core Knowledge Area: Professionalism and Program Organization
Level: Basic

F

Monday, April 19
6:30 - 8:30 p.m.
@ CCR

Teaching Children Through the Magic of Song and Play

Presenter – Gary Dulabaum, Nationally known educator, author, songwriter, recording artist and college guest lecturer . He is also a graduate of the Pre-K/3 Program at the University of Vermont.

The natural work of all children is: play, pretending and trying on life through imagination. These activities are basic to human existence, are now appreciated as an essential component of the language arts (pre-literacy) and are an integral part of learning. Children's play touches every "academic" subject.

Music/song is a component of pre-literacy and a universal language. Children everywhere bring music into their games, their interactions with other children and adults and employ it as an inner companion to their exploration of the world around them.

Music/song is also a free way to express feelings, a means of emotional expression, a coordination of the mind, body and imagination, a way to express and explore responses to inner feelings and reactions to stimulations outside the child's environment. Through nursery rhymes, chants, games and songs they make the link from oral to written language, they make sense of the world around them, and many preschoolers, whether at rest or play, self confidently accompany their activities with a steady stream of personal rhythms, tunes and words. In this hands-on, participatory session we'll: sing, express, create, move, share and PLAY!!!! Audio taping is encouraged.



2 hours
CDA Subject Areas: 2, 3 & 8
Core Knowledge Areas: Child Development; Teaching and Learning
Level: All

G

Thursday, April 22
6:30 - 8:30 p.m.
@ CCR

Advanced Positive Guidance

Presenter – Scott Noyes, Empowering Programs

This evening's presentation will include an overview of the concept of "Functional Assessments." Believing that all behaviors are trying to say something, "What is she trying to tell us?" The focus of this workshop addresses "why" is this child behaving this way? When we can understand the motivation behind a behavior, our response can be tailored to the situation. Also included is an introduction to the "Pathways Inventory" and a look at some environmental components that may be contributing to children's challenging behaviors.

PREREQUISITE: Those who wish to register for this training must have previously taken Scott Noyes' Workshop: "Positive Discipline that Works." (also titled "Positive Guidance that Works").

**(Counts towards Advanced Specialized Care/
Protective Services or General Training)**

2 hours
CDA Subject Areas: 3 & 8
Core Knowledge Areas: Child Development; Teaching and Learning;
Level: Advanced

H

Gardening with Young Children

Presenter – Rebecca Francisco, Child Care Resource, Food Program -
Food to Grow On Educator and Nutrition Counselor

Monday, April 26
6:30 - 8:30 p.m.
@ CCR

Want to start a garden with your program, but just don't know how? Have you tried gardening before, only to be frustrated and overwhelmed? Are you looking for some fresh ideas for this year's gardening adventures? Gardening is fun and a valuable learning experience for the children in your care, even the very young. Gardening increases a child's awareness of the natural world, and encourages caring and responsibility for their environment. It improves fine and gross motor skills, and problem solving. And, most importantly, it makes eating our veggies fun!

Come learn how to get your program growing in a garden that is uniquely your own. Learn what size garden is best, and how to maximize your space. Get inspired with fantastic, whimsical elements. Get ideas for new activities to add to your toolbox. And brighten up your cooking with some fresh snack ideas that kids can help make.

(Free to CCR sponsored CACFP
Registered Child Care Homes)

(Counts towards Food Program Training)

2 hours
CDA Subject Areas: 1 & 2
Core Knowledge Area: Teaching and Learning; Healthy and Safe Environments
Level: All

I

American Heart Association: Adult / Child and Infant CPR

Presenter - Tamara McLaughlin, First Aid and CPR Trainer, VT Safety Net

Tuesday, April 27
6:30 - 8:30 p.m.
@ CCR

The State of Vermont requires that providers have a current CPR certification. Designed for those who care for children, either full time or occasionally, this training offered by the American Heart Association teaches participants how to recognize and care for breathing and cardiac emergencies in Adults, Children and Infants.



Please note that this workshop will start promptly at 6:30 pm. Since this workshop is a certification, those arriving more than 5 minutes late will not be able to attend and will not receive a refund. Please plan to stay for the entire 2 hour (maximum) training.

To assure lowest possible cost to you and the best customer service, the Certifications you receive at Child Care Resource for CPR and First Aid will now be through the American Heart Association. Certification cards will be sent home with you the day of this training. **Certifications in both CPR and First Aid will be good for 2 years.**

\$25.00 for anyone
eligible for a waiver

**This training counts for both the
full CPR Certification as well as
the CPR Re-certification.**

2 hours
CDA Subject Area: 1
Core Knowledge Areas: Healthy
and Safe Environments
Level: All

J

IPDPs - Creating Your Own "Individual Professional Development Plan"

Presenters – Ellen Drolette and Laura Butler; Registered Home Providers
and Child Care Mentors

Thursday, April 29
6:30 - 8:30 p.m.
@ CCR

What's an IPDP? What should I include in an IPDP? Why do I need one? What format do I like? Come to this workshop to have all of your questions answered. You will leave with the beginning of your own IPDP.

2 hours
CDA Subject Area: 6
Core Knowledge Area: Professionalism
and Program Organization
Level: Basic

Routines, Rituals and Transitions

Presenter - Scott Noyes, Empowering Programs

K

Monday, May 3
6:30 - 8:30 p.m.
@ CCR

Whether we are smoothing out the edges on "who had it first" or working with the challenge of a full-blown temper tantrum, there are times when every childcare provider could use a few fresh ideas. The importance of rhythm and routine are examined through the eyes of a child. Naptime hassles, clean up blues, and the invalid reasoning of forcing children to share are issues this workshop covers. Using alignment, active listening, and a little child development know-how, adults can support children through the tough times.

**(Counts towards Advanced Specialized Care/
Protective Services or General Training)**

2 hours
CDA Subject Areas: 3 & 5
Core Knowledge Area: Child Development;
Professionalism and Program Organization
Level: All

Children and the Natural World: Digging Deep

Presenter – Heather Duhamel, Teacher / Assistant Director, Burlington Children's Space

L

Tuesday, May 4
6:30 - 8:30 p.m.
@ CCR

Experiences outdoors intrinsically nurture a child's physical, cognitive and emotional development. As parents, teachers and professionals we play a powerful role in what opportunities are available for children to develop their understanding of playing in and caring for green spaces as stewards of a new generation. Enhance your outdoor spaces, play experiences and knowledge of the natural world! Dig in!

2 hours
CDA Subject Areas: 2 & 3
Core Knowledge Area: Child Development;
Teaching and Learning
Level: All

M

Thursday, May 6
and
Thursday, May 20
6:30 - 8:30 p.m.
@ CCR

Never Too Early and Early Birds and Bookworms

Presenter – Robin Ploof, Director, Stepping Stones Child Care Center

Never Too Early - Join in the fun of this two-part training that offers an introduction to reading and sharing books and conversation with children. Take a journey into the world of children's literature: in this lively, interactive workshop, learn the importance and joy of sharing picture books and stories with even the youngest children. Through hands-on exploration of children's books, receive an introduction to early literacy and related developmental issues. Learn ways to create a literacy rich environment and have an opportunity to share practical ideas with others. Discover ways for making books come alive through animated readings, rhymes, and extension activities that encourage language development and communication. Take home ideas you can put to use immediately in your program, along with a FREE set of books.

Early Birds and Bookworms - This second part of the two-part training deepens knowledge about early childhood literacy. Providers are encouraged to bring a parent (though not required) to join in the fun and become a partner in encouraging interest in sharing books with children. Parents attend for free and also receive a set of gift books. Participants will review the importance of reading with children, and share activities to bring books to life. Ideas are provided for ways to host a "book share" open house or sponsor a free "Read With Me" workshop series for families in your program.

2-Part
Workshop



The Vermont Humanities Council sponsors this training with support from A.D. Henderson Foundation.

4 hours total
CDA Subject Areas: 2 & 8
Core Knowledge Areas: Child Development;
Teaching and Learning
Level: Basic

N

Engaging Older Youth: Working with 9-12 Year Olds

Presenter –Tricia Pawlik, Youth Development Director, YMCA

Monday, May 10
6:30 - 8:30 p.m.
@CCR

This workshop will focus on understanding the needs of older school age children as well as learning to plan for these needs on a daily basis. Participants will receive program tips, including a look at activities, events, clubs and community service projects that 9-12 year olds find fun and exciting. Come unravel the mystery of this age group.

2 hours
CDA Subject Areas: 2 & 3
Core Knowledge Areas: Child and Youth Development, Influences on Child and Youth Development
Organization
Level: Basic/Intermediate

O

Building Healthy Human Relationships

Presenter –Louise Dietzel, Psychologist, Master Private Practice, Author, former Daycare/Preschool Director and Elementary School Counselor

Tuesday, May 11
6:30 – 8:30 p.m.
@ CCR

Human relationships are the basis of our existence, survival and well-being. When relationships are harmonious, we feel good and when they are strained, we feel awful. The main factors in healthy relationships are trust, understanding, patience and love. Learn the attitudes and skills that can transform any rocky relationship into harmony, joy and deeper connection. You deserve healthy relationships and you have the power to create them.

**(Counts towards Advanced Specialized Care/
Protective Services or General Training)**

2 hours
CDA Subject Areas: 3, 4 & 6
Core Knowledge Areas: Families and Communities; Teaching and Learning
Level: All

P

Understanding and Planning for Typical Preschool Development

Presenter – Carol Olsen, Northern Lights Instructor and Retired Child Care and Preschool Director

Tuesday, May 18
6:30 – 8:30 p.m.
@ CCR

In this interactive workshop we will explore the developmental milestones of preschoolers and together we will think about why they do the things they do. We will dive deeper and discuss the importance of acknowledging what they're working on, how we can plan deliberately and think about the space we provide to ensure that they are encouraged and that their needs are being met. Please share some photos. Come and share your ideas and challenges.

2 hours
CDA Subject Area: 8
Core Knowledge Area: Child Development
Level: Basic

Q

Monday, May 24
6:30 – 8:30 pm
@CCR

Bringing the Indoor Play Outdoors

Presenter – Lisa Guerrero, Early Childhood Educator

Become a part of the worldwide Leave-No-Child-Inside movement! Take your class - and your classroom - outdoors! This workshop will support participants as they learn more about the reasons for and benefits of planning and implementing an outdoor classroom curriculum. What exactly is an outdoor classroom? What are some learning center ideas? These questions and more will be answered as we learn how to take advantage of the incredibly valuable resource that is too often overlooked and underused: the outdoor play space!

Workshop participants are strongly encouraged to also take *Outdoor Play: A Teacher's Role*, offered by Lisa Guerrero on June 21, 2010. (See workshop description).

2 hours
CDA Subject Areas: 2 & 5
Core Knowledge Areas: Teaching and Learning; Professionalism and Program Organization
Level: Basic/Intermediate

R

Tuesday, May 25
6:30 – 8:30 pm
@ CCR

Observing and Recording Children at Play

Presenter – Carol Olsen, Northern Lights Instructor and Retired Child Care and Preschool Director

Join us to reflect on the How, When and Why of observing and recording children's play. We will discuss why it is an integral part of ensuring a quality program. Come and discover creative, even fun ways to observe children during your busy day, consider when the best times to observe might be and most importantly, learn about what is to be gained by making observing and recording an important part of your practice.

2 hours
CDA Subject Area: 7
Core Knowledge Areas: Child Development; Teaching and Learning
Level: Basic/Intermediate

S

Thursday, May 27
6:30 – 8:30 pm
@ CCR

The Bird Takes Wing

Presenter – Robin Ploof, Teacher/Director, Stepping Stones Child Care Center

This training focuses on encouraging and supporting the lifelong reader. It builds on the knowledge and skills learned in "Never Too Early" and "Early Birds and Bookworms" to set children on the life long journey of literacy. The featured author for this training is Rosemary Wells. Participants receive 3 of her books.

To attend this training, you need to have taken "Never Too Early and Early Birds and Bookworms" sometime before attending this class.

2 hours
CDA Subject Area: 2
Core Knowledge Area: Teaching and Learning
Level: Intermediate

Managing Your Budget to Get the Most Out of Your Dollars

Presenter – Lou Ann Beninati, Founding Director and Pre-School Teacher at Robin's Nest Children's Center; Early Childhood and Adult Educator

T

Tuesday, June 1
6:30 – 8:30 p.m.
@ CCR

Income in an early care and education program is limited and expenses can be high. Your values, principles and philosophy direct where your money goes. Topics to be discussed in this workshop include how you budget your money, where you spend it and why, as well as tips for "no cost" ideas. **Geared toward Center Based programs.**



2 hours
CDA Subject Area: 5
Core Knowledge Area: Professionalism and Program Organization
Level: Advanced

Determining the Least Restrictive Environment in Early Childhood Education

Presenter – Louise Dietzel, Psychologist, Master Private Practice; Author; Former Childcare/Preschool Director and Elementary School Counselor

U

Thursday, June 3
6:30 – 8:30 p.m.
@ CCR

This workshop asks and answers the following questions: Is expulsion from your program ever warranted? If yes, what are the issues in expulsions? What are the circumstances and what is best for the child and others? What psychological, emotional, ethical and professional processes underlie these issues? You deserve answers to these questions to develop and maintain your highest degree of professionalism and effectiveness for you, kids, parents and colleagues.

**(Counts towards Advanced Specialized Care/
Protective Services or General Training)**

2 hours
CDA Subject Areas: 5 & 6
Core Knowledge Area: Professionalism and Program Organization
Level: Advanced

Depression in Young Children, What We Can Do

Presenter – Naomi Shapiro, Licensed Mental Health Clinician

V

Monday, June 7
6:30 – 8:30 p.m.
@ CCR

Come and discover how we can identify the signs of depression in young children and react in an appropriate manner to each child's unique set of experiences life has handed them. It is so important to understand the behavior we observe in children. Understanding can be gained by gathering information and having interventionists available to enhance the well being of children who may be exhibiting characteristics of depression. Specific cases may be introduced in our discussion to help comprehend the concepts presented.

**(Counts towards Advanced Specialized Care/
Protective Services or General Training)**

2 hours
CDA Subject Area: 3
Core Knowledge Areas: Child Development; Teaching and Learning
Level: Intermediate/Advanced

W

Tuesday, June 8
6:30 - 8:30 p.m.
@ CCR

Early Intervention in the Child Care Setting

Presenters -Mike Miller, Developmental Educator, and Theresa Soares, Family Resource Coordinator - Children's Integrated Services - Early Intervention Program

Early care educators and providers play a key role in a child's development. Young children are the ultimate winners when parents, early interventionists and early care educators work together.

The Vermont Family Network's Children's Integrated Services - Early Intervention Program is very interested in presenting to early care educators. The outcomes we hope to achieve from our presentation are:

- 1.) to improve understanding of Vermont's Transdisciplinary early intervention model
- 2.) to increase our collaboration with early care and education providers
- 3.) to increase early intervention referrals in the 23+ early care and education settings we currently visit in Chittenden County.

**(Counts towards Advanced Specialized Care/
Protective Services or General Training)**

2 hours
CDA Subject Areas: 2, 4 & 5
Core Knowledge Areas: Families and Communities; Teaching and Learning; Professionalism and Program Organization
Level: All

X

Monday, June 14
6:30 - 8:30 p.m.
@ CCR

Interactions and Their Influence on a Child's Self-Esteem

Presenter -Naomi Shapiro, Licensed Mental Health Clinician

Sometimes it is difficult to see a connection between our reactions and the actions of others. This workshop will focus on how we can truly make a difference in another person's life by just being mindful of how we respond to their behaviors. The relationships we have with other adults who impact the lives of children also plays a part in the outcome of a child's overall well being. This workshop will help you to examine how the smallest of interaction can have the biggest impact in a child and have effects that can last a life time.

**(Counts towards Advanced Specialized Care/
Protective Services or General Training)**

2 hours
CDA Subject Area: 3
Core Knowledge Area: Teaching and Learning
Level: All

Y

Tuesday, June 15
6:30 - 8:30 p.m.
@ CCR

American Heart Association: Adult / Child and Infant CPR

Presenter - Tamara McLaughlin, First Aid and CPR Trainer, VT Safety Net

The State of Vermont requires that providers have a current CPR certification. Designed for those who care for children, either full time or occasionally, this training offered by the American Heart Association teaches participants how to recognize and care for breathing and cardiac emergencies in Adults, Children and Infants.

Please note that this workshop will start promptly at 6:30 pm. Since this workshop is a certification, those arriving more than 5 minutes late will not be able to attend and will not receive a refund. Please plan to stay for the entire 2 hour (maximum) training.

To assure lowest possible cost to you and the best customer service, the Certifications you receive at Child Care Resource for CPR and First Aid will now be through the American Heart Association. Certification cards will be sent home with you the day of this training. **Certifications in both CPR and First Aid will be good for 2 years.**



\$25.00 for anyone eligible for a waiver

This training counts for both the full CPR Certification as well as the CPR Re-certification.

2 hours
CDA Subject Area: 1
Core Knowledge Areas: Healthy and Safe Environments
Level: All

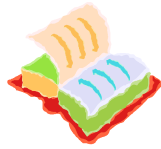
Z

Engaging Children with Books

Presenter –Amy Conant, Child Care Resource, Professional Development Specialist

Wednesday, June 16
6:30 - 8:30 p.m.
@ CCR

Early literacy is a key component in ensuring strong academics later on. In this workshop we will discuss the essentials of what is needed to create a group of young reading enthusiasts. We will discuss the what, when, why and how of promoting literacy in the early childhood program.



2 hours
CDA Subject Area: 2
Core Knowledge Area: Teaching and Learning
Level: Basic

AA

Basic Specialized Care

Presenter –Sharon Halnon/Aricha Drury, CCR Consultation Team; Vermont Department of Children and Families; Kidsafe, CCR Subsidy Staff

Thursday, June 17;
Tuesday, June 22; &
Wednesday, June 23
6:30 - 8:30 p.m.
@ CCR

This training will cover:

- * The impact of child abuse on the normal growth and development of children
- * Factors that influence the occurrence of child abuse and neglect, and how to work effectively with parents
- * Information on the role of providers, parents and the role of DCF in protective service child care.
- * Mandated reporting guidelines
- * Community resources and paperwork.

3-Part
Workshop

6 hours total
CDA Subject Areas: 1, 3 & 8
Core Knowledge Areas: Child Development; Teaching and Learning; Healthy and Safe Environments
Level: Basic

BB

Role of the Teacher in the Outdoor Classroom

Presenter – Lisa Guerrero, Early Childhood Educator

Monday, June 21
6:30 – 8:30 p.m.
@ CCR

Teacher involvement in outdoor play can heighten a child's learning experience and stimulate positive developmental achievements. But what does that involvement look like? This workshop will allow participants to reflect on their currently held beliefs about the functions of outdoor play and discover their ways of thinking about the role of teachers on the playground. We will also examine best practices and discuss strategies we can use to broaden our perspectives and access the full potential for learning in an outdoor environment.

Those interested in participating in this workshop may also have interest in the Bringing the Indoor Play Outdoors workshop offered by Lisa Guerrero on May 24.

2 hours
CDA Subject Areas: 2 & 6
Core Knowledge Area: Child Development; Teaching and Learning
Level: All

CC

Thursday, June 24
6:30 – 8:00 p.m.
@ CCR

Mandated Reporting

Presenters – Sally Borden, Kidsafe VT; and
John Salter, Vermont Department of Children and Families

BY LAW all childcare providers are mandated reporters! This workshop will explain what a mandated reporter is, what that means and what is expected of you by law. You will leave this training knowing what you need to do if you suspect or witness child abuse and neglect.

1.5 hours
CDA Subject Areas: 1 & 5
Core Knowledge Area: Healthy and Safe Environments; Professionalism and Program Organization
Level: Basic

DD

Monday, June 28
6:30 – 8:30 p.m.
@ CCR

PEACE Policy: Problem Solving with Young Children

Presenter – Heather Duhamel, Teacher / Assistant Director at Burlington Children's Space

Interested in new ways to help children work out problems and develop important skills for life? Join us for this great discussion that will have you looking at conflict in new ways.

**(Counts towards Advanced Specialized Care/
Protective Services or General Training)**

2 hours
CDA Subject Area: 3
Core Knowledge Area: Child Development
Level: All

EE

Tuesday, June 29
6:30 – 8:30 p.m.
@ CCR

NAEYC Accreditation- YOU CAN DO IT!

Presenter – Sonja Raymond, Northern Lights Instructor

Do you want to learn more about NAEYC Accreditation? Are you confused about the process? Are you concerned about the cost? This workshop is designed for Directors, Assistant Directors or other Administrators who may guide a program through the accreditation process. Participants will leave understanding the 4-step process, knowing resources available to help them through the VT Accreditation Project, and feeling more confident about the ability to complete the process and contain costs.



2 hours
CDA Subject Area: 6
Core Knowledge Area: Professionalism and Program Organization
Level: Advanced

FF

Wednesday, June 30
6:30 – 8:30 p.m.
@ CCR

Self Care is Key - Food as Fuel

Presenter – Michelle Parent, Outreach Specialist: Bi-state Primary Care Association

Would you eat better if you knew what to eat? Making healthy meals a part of every-day is essential to the productivity of childcare providers, and is very important for child care providers to model for children. This workshop focuses on easy and nutritious lunches on the go. Plan to participate in menu planning, sampling and brainstorming.

(Free to CCR sponsored CACFP
Registered Child Care Homes)

(Counts towards Food Program Training)

2 hours
CDA Subject Areas: 1 & 6
Core Knowledge Areas: Healthy and Safe Environments; Professionalism and Program Organization
Level: All

Are you working on your STARS application? Compiling your CDA Portfolio? We can help!

Join the STARS/CDA workgroup sponsored by Child Care Resource. This workgroup will meet the 2nd Thursday of each month at 6:30 at Child Care Resource and will be facilitated by Laura Butler and Ellen Drolette, 5 STAR Family Child Care Providers. They will be available to answer your questions, help you with applications and provide guidance around STARS and CDA.

Upcoming dates are: Thursday, March 11; Thursday, April 8; Thursday, May 13

Providers are welcome to come on an on-going basis or to drop in as needed. Please call Meghan at 863-3367 ext. 40 to sign up to attend any or all of the upcoming workgroups. Please bring your STARS or CDA materials with you.

CHILD CARE RESOURCE SEMINARS, MARCH - JUNE, 2010

9 A.M. - 4 P.M.

Islands of Happiness Presenter: Jeanine Fitzgerald Saturday, March 13, 2010

Humor unleashes the mind. It is a complex dynamic with many sources that is essential to sanity and survival. Humor is mental flexibility that can heal loneliness and depression. It is the foundation of positive social interaction. Research says that children laugh an average of 200 times per day, and adults an average of 17. Ten minutes of belly laughter a day can be a factor in recovering from illness, enhance breathing, increase the immune system and keep us from being described as "being weaned on a pickle." This session will explore humor and playfulness, and other topics that create islands of happiness, for children and adults. Qualifies for Advanced Specialized Care/Protective Service Hours. Location: Essex Alliance Church. CDA Subject Areas: 3 & 6. Core Competencies: Teaching and Learning; Professionalism and Program Organization

Team Building and Communicating for Professional Care Providers

Presenter: Scott Noyes of Empowering Programs, Inc. Thursday, April 8, 2010

This daylong seminar combines the skills of building a unified workplace team with proficient communication. Both skill sets build on each other to provide conditions that promote professional success. Whether talking to a parent about a difficult subject or tackling a workplace challenge, participants will have practiced wording the intricate delivery of information that make the message meaningful and non-offensive. Laughing, practicing, disputing, and discovering are part of this skill building presentation. Location: Essex Alliance Church. CDA Subject Areas: 5 & 6. Core Competencies: Professionalism and Program Organization

Reframing Behavior Management Presenter: Jeanine Fitzgerald Saturday, May 8, 2010

Today, our focus regarding behavior appears to be aligned with managing it for the sake of achieving instruction and meeting the needs and conveniences of adults. However, discipline has always been intended to support the needs of children to learn self-regulation and self-control. Learning these includes the child, the child's parents, the child's teacher or childcare provider and the environment. While we are not solely responsible for the child's behavior, we are responsible for our approach to these behaviors and the climate we create. This session will examine definitions and types of discipline, the characteristics of effective and ineffective techniques, so each participant can develop approaches to discipline that give children "the basics" to live successfully in an increasingly complex world. Qualifies for Advanced Specialized Care/Protective Service Hours. Location: Williston Federated Church. CDA Subject Areas: 3, 4 & 6. Core Competencies: Teaching and Learning; Families and Communities; Professionalism and Program Organization.

Loving and Learning with Infants and Toddlers

Presenter: Robin Grace Saturday, June 5, 2010

Come join us for a fun, education journey through childhood! Together, we will explore the growth and development as well as the milestones and touch points of infants 0-15 months of age. Bring your experiences, your ideas and your inner child! Qualifies for Advanced Specialized Care/Protective Service Hours. Location: Williston Federated Church. CDA Subject Areas: 2, 3 & 8. Core Competencies: Child Development; Teaching and Learning.

These seminars are 6 hours of training with lunch provided. Cost for each training: \$55.00

Call 863-3367 for more information or to register.

Spring 2010 WORKSHOP BROCHURE



Child Care Resource

Dear Early Childhood Community:

We are pleased to present CCR's Spring Calendar, including: sessions designed to meet the needs of both home and center-based providers, Directors, and much more!

In order to continue to offer excellent trainings and outstanding presenters, the basic fee for workshops is \$10. Some are \$15, or more. Coupons are issued in both \$5 and \$10 denominations at the end of the session, so if you receive a coupon, please check to make sure of its value and be aware they are now good for any of our future trainings (except CDA courses) and have an expiration date of one year from the date of issue.

Your suggestions regarding topics and presenters are essential to our development of trainings, seminars, and courses ~ please keep in touch!

Warmly,
Meghan Flanders,
Professional Development Coordinator
(802) 863-3367 Ext. 40

If you have any questions pertaining to **workshop registration**, please call:
Sharon Wheelock
863-3367, ext. 34

Off to a Good Start....

CCR has identified the following series of workshops as a helpful beginning for new child care providers. You will find descriptions for these workshops in this schedule.



- C - First Aid
- F - Teaching Children Through the Magic of Song and Play
- H - Gardening with Young Children
- I - American Heart Assoc. CPR
- Z - Engaging Children with Books

Please note that the front door will be locked 15 minutes after workshops begin. Late arrivals will need to ring the doorbell. Please make every effort to arrive on time.

Who May Attend These Workshops?

PROVIDERS, PARENTS, and COMMUNITY AGENCY EMPLOYEES are **welcome**.

When do I need to send in the registration form?

To have the best chance of securing a slot and avoiding late fees, registrations must be received **before** the due date. **Any registrations received after the deadline will require a \$3.00 non-refundable late fee per training.**

How Will I Know Which Trainings I've Been Registered For?

Confirmation letters are mailed shortly after your registration is received. **If you do not receive one, please call 863-3367 x 34.**

Can I Receive Help With The Costs?

The registration fee may be waived for providers in the event of financial need. Waivers are given for one calendar year at a time. Waivers are given for only the number of hours required by the state for licensure. CCR will reserve the right to deny future waivers if workshop cancellations are late.

What If The Workshop I Signed Up For Is Full?

Workshops are filled on a first come/first serve basis, filling any requirements for certain workshops. If someone cancels early from a workshop that is full, we will call individuals on our waitlist to fill that spot. If you are not called from the waitlist to attend, a coupon will be issued to you at the end of the session to be used for a future workshop. Refunds will not be given.

What is the cancellation policy?

Please make every effort to attend if you are registered for a workshop as some fill up quickly and you would be depriving another participant of this valuable training. If you need to cancel, you must do so at least 24 hours ahead of the workshop date you are cancelling out of (ext. 64 has an answering machine to take your message) to receive a coupon good toward future trainings. Coupons will be issued for any cancelled trainings as well. **Refunds will not be given.**

May I Bring My Child To A Workshop?

Having children at workshops is distracting to others and there may be sensitive subject matter. Please make other arrangements for your children. Nursing infants are an exception.

Who can I call with questions?

Registration questions: Sharon, 863-3367 x 34.

Workshop topics: Amy, 863-3367 x 19.

Thank you for your assistance!!



Child Care Resource
181 Commerce Street, Williston, Vermont 05495

PLEASE UPDATE YOUR WORK AND HOME
ADDRESS INFORMATION ON
REGISTRATION FORM

Non-Profit Org.
US Postage
PAID
Williston, VT
Permit No. 21

Spring 2010
Workshop
Brochure

Spring 2010 Workshop Brochure

FYI CDA Subject Areas are identified below each workshop description and correspond with this table.
Call 863-3367 for CDA questions - Amy at ext. 19

Child Development Associate (CDA) Subject Areas (1 - 8)	Examples
1. Planning a safe, healthy learning environment	Safety, first aid, health, nutrition, space planning materials and equipment, play
2. Steps to advance children's physical and intellectual development	Large and small muscle, language, discovery, art, music
3. Positive ways to support children's social and emotional development	Self-esteem, independence, self-control, socialization
4. Strategies to establish productive relationships with families	Parent involvement, home visits, conference, referrals
5. Strategies to manage an effective program operation	Planning, record keeping, reporting
6. Maintaining a commitment to professionalism	Advocacy, ethical practices, work force issues, professional associations
7. Observing and recording children's behavior	Tools and strategies for objective information collection
8. Principles of child growth and development	Developmental milestones from birth - 5, cultural influences on development

VERY IMPORTANT REMINDER

Each provider is responsible for keeping track of his/her own training.
Please safely file all verification certificates given to you at trainings.

CPR Info

In addition to our schedule, you may contact the following organization for CPR training:
 - Fletcher Allen Heart Association Training Center: Kathy Siple at 847-5175
 - American Red Cross: 660-9130
 - Your local fire department or rescue squad

LEVELS: These are to help you choose offerings that are geared to your education and experience.
Levels are indicated by:
 B - Basic (core knowledge),
 I - Intermediate (applied knowledge)
 A - Advanced (application of theoretical principles)
 All - All levels

Registration Form for Spring 2010

Name: _____

Circle the letters of the workshops you wish to take

	Title	Fee on or before 3/19/10	Fee after 3/19/10
A	4/1 - Minute Menu Made Easy (Free to CCR sponsored CACFP Registered Child Care Homes)	\$10 \$0	\$13 \$3
B	4/5; 4/10 - Level II - Professionalism and Program Organization (2 parts)	\$50	\$53
C	4/6 - American Heart Association-First Aid	\$30	\$33
D	4/13 - Policies - To Have or To Have NOT?	\$10	\$13
E	4/14 - Exploring the CDA and Taking a Glimpse of the National Association for Family Child Care Accreditation	\$10	\$13
F	4/19 - Teaching Children Through the Magic of Song and Play	\$15	\$18
G	4/22 - Advanced Positive Guidance	\$15	\$18
H	4/26 - Gardening with Young Children (Free to CCR sponsored CACFP Registered Child Care Homes)	\$10 \$0	\$13 \$3
I	4/27 - American Heart Association Adult/Child and Infant CPR	\$30	\$33
J	4/29 - IPDPs - Creating Your Own "Individual Professional Development Plan"	\$10	\$13
K	5/3- Routines, Rituals and Transitions	\$15	\$18
L	5/4 -Children and the Natural World: Digging Deep	\$15	\$18
M	5/6; 5/20 - Never Too Early and Early (2 parts) Birds and Bookworms	\$20	\$23
N	5/10 - Engaging Older Youth: Working with 9-12 Year Olds	\$10	\$13
O	5/11 - Building Healthy Human Relationships	\$15	\$18
P	5/18 - Understanding and Planning for Typical Preschool Development	\$10	\$13
Q	5/24 - Bringing the Indoor Play Outdoors	\$10	\$13
R	5/25 - Observing and Recording Children at Play	\$10	\$13
S	5/27 -The Bird Takes Wing	\$10	\$13
T	6/1 - Managing Your Budget to Get the Most Out of Your Dollars	\$10	\$13
U	6/3- Determining the Least Restrictive Environment in Early Childhood Education	\$15	\$18
V	6/7 -Depression in Young Children, What We Can Do	\$15	\$18
W	6/8 -Early Intervention in the Child Care Setting	\$10	\$13
X	6/14 - Interactions and Their Influence on a Child's Self-Esteem	\$15	\$18
Y	6/15 - American Heart Association Adult/Child and Infant CPR	\$30	\$33

Circle the letters of the workshops you wish to take

	Title	Fee on or before 3/19/10	Fee after 3/19/10
Z	6/16- Engaging Children with Books	\$10	\$13
AA	6/17; 6/22 & 6/23 -Basic Specialized Care (3 parts)	\$30	\$33
BB	6/21 -Role of the Teacher in the Outdoor Classroom	\$10	\$13
CC	6/24 - Mandated Reporting	\$10	\$13
DD	6/28 -PEACE Policy: Problem Solving with Young Children	\$15	\$18
EE	6/29-NAEYC Accreditation-YOU CAN DO IT!	\$10	\$13
FF	6/30-Self Care is Key - Food as Fuel (Free to CCR sponsored CACFP Registered Child Care Homes)	\$10 \$0	\$13 \$3

Please register by March 19, 2010 to avoid late fees.

Payment MUST be enclosed with registration form to be registered for a workshop.



Child Care Resource
181 Commerce Street, Williston, Vermont 05495

Total Training Fees: _____

Coupon(s) @ \$5 /\$10/ea. - _____
(must be attached and not expired)

Total Amt. Enclosed: _____

If you are using coupons as payment or part of payment, they **MUST BE ATTACHED** for credit. Please check your coupons to determine their value as coupons need to be of correct value when applying them toward trainings.

***NO REFUNDS**

Office Use Only

Date Rec'd: _____

Payment: \$ _____

Form of payment: _____

Coupon: _____

Initials: _____

Waiver: _____

FP: _____

Child Care Resource Spring 2010 Workshops Registration Form

ONE form per Person - please photocopy as needed

NAME: _____ check here if name changed

Work Center Name: _____ check here if employer changed

Work Address: _____ Work Phone: _____

Home Address: _____ Home Phone: _____

_____ check here if address changed

Email: _____ Q & C ID # _____
(Quality & Case Credentialing ID)

Please complete ENTIRE form to ensure accuracy in our records*

Please indicate if any CHANGES have occurred since the last registration

Send my confirmation letter to: Work Address Home Address
(Coupons issued will be sent to Address that made payment)

I'm a: _____ Director of a Licensed Program
 _____ Registered Home Provider _____ Owner of a Licensed Program
 _____ Staff Member at a Licensed Center/Preschool _____ Legally Exempt Provider (LECC)
 _____ Parent _____ Other: _____

PLEASE CHECK:

- 1) I'm currently a participant in the CCR Sponsored Child Care Food Program (CCFP) _____ Yes _____ No
 Would you like more information about joining the CCFP?
 _____ Yes _____ No
- 2) I'm currently a Protective Services Provider: _____ Yes _____ No
- 3) I am pursuing a CDA: _____ Yes _____ No

Send this form and fee to:
 Child Care Resource
 181 Commerce Street
 Williston, VT 05495
 By March 19, 2010

Earlybird Deadline: March 19, 2010
(only to avoid late fees)

Over 