

Recipe of the Month

Dried Apple Slices

This is a fun snack to make with a child of any age and pack in a lunch box or munch on while dinner is cooking.

What you will need:

Six good quality apples (you can pick your own)

A cookie sheet

Knife and vegetable peeler

- 1. Peel an apple and remove the core. Slice in rings**
- 2. Place them on a lightly greased cookie sheet.**
- 3. Dry them in an electric oven at low or warm temperature; in a gas oven the pilot light alone is sufficient.**
- 4. Drying takes 6 to 9 hours, making this a good overnight project.**
- 5. The size of your apple slices and your oven temperature are variables you will have to experiment with. The apples need not be dried to a crisp.**

They will last several weeks at room temperature.